



**Natalie S.  
Mesnier, M.D.**

**Dr. Mesnier** is a Board Certified Orthopaedic Surgeon who subspecializes in complex Foot and Ankle Reconstruction, and is a fellow of the American Academy of Orthopaedic Surgeons and the American Orthopaedic Foot and Ankle Society. She is uniquely skilled and formally trained in Minimally Invasive Foot and Ankle Reconstruction, particularly, minimally invasive Bunion, forefoot and midfoot deformity correction.

**Clinical Interests:**

Achilles Tendon Ruptures  
Achilles Tendonitis  
Ankle Arthritis  
Ankle Arthroscopy  
Ankle Fractures  
Ankle Instability  
Ankle Joint Replacement  
Ankle Sports Injuries  
Bunion and Minimally Invasive  
Bunion Correction

Flat foot Deformities  
Foot Arthritis  
Forefoot and Claw toe deformities  
High Arch (Cavovarus) Deformities  
LisFranc Fractures and Sequelae  
Midfoot Arthritis  
Peroneal Tendon Pathology  
Posterior Tibialis Tendon Pathology  
Posttraumatic Arthritis  
Tendinopathy

# Minimally Invasive Bunion Correction



**MULTNOMAH**  
ORTHOPEDIC CLINIC

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For referrals or consultations, call:  
(503) 231-1426



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## Benefits of PROStep™ Minimal Invasive Surgery (MIS)

- Minimal Pain
- Minimal Swelling
- Quicker weightbearing
- Quicker return to activity
- Markedly less narcotic use
- Minimal surgical scar
- Better cosmesis



**Dr. Natalie Mesnier, MD.**, at Multnomah Orthopedic Clinic, is the most trusted Orthopaedic Foot and Ankle Reconstruction Specialist in Portland, and is committed to being on the forefront of providing excellent care to patients. She is uniquely skilled and formally trained in Minimally Invasive Foot and Ankle Reconstruction, particularly, Minimally Invasive Bunions, forefoot and midfoot deformity correction.

After recognizing many of the issues that come along with bunion and forefoot deformity correction, Dr. Mesnier went to Europe to undergo advanced surgical training in how to correct these deformities without making the traditional, big incisions that can result in increased pain, swelling, stiffness, and a prolonged recovery. **Minimally invasive bunion, claw toe and hammer toe correction was pioneered in Europe over 10 years ago, and has only been recently introduced into the United States.** After completing this training in Spain 2 years ago, Dr. Mesnier was in the unique position of being a certified, trained surgeon in this arena before the procedure was approved for use in the States. Now that it is here, it is revolutionizing the way orthopaedic surgeons correct deformities. **Dr. Mesnier was the first to perform these procedures in Oregon, and is the only certified surgeon in Portland.** In fact, she now is considered an authority in the US on the technique, and trains other surgeons, nationally on this procedure.



VS.



The benefits of minimally invasive forefoot correction include minimal swelling and minimal pain. The consistent trend has been that patients are using minimal to no narcotics after surgery, have an accelerated time to weight bearing, and a quicker return to regular shoes. Dr. Mesnier is advancing these techniques for use in patients in whom large incisions are of concern, including patients with vascular concerns and in patients with diabetes.

Before



Corrected Bunion  
3-weeks after surgery



Corrected Bunion  
3.5-months after surgery

